

## ISCA Coaches - Teleseminar Interview

Hi everyone, my name is Colleen Roberts and I am the creator and founder of [www.colleenscoachingcorner.com](http://www.colleenscoachingcorner.com).

Today is my seventh interview and I feel so blessed and privileged to be able to interview some of my fellow coaches from the Inspired Spirit Coaching Academy (ISCA) from all over the world and with so many different niches and expertise. The experience I am gaining will help me to conduct my own teleseminar/webinar events. I will also be very lucky to interview my mentor, head trainer and creator of the ISCA – Sandy Forster. This academy is where I did my training and it is totally life transforming.



This special interview is with Andrea Lavallee and she is from Toronto – 12 hours time difference so it is 11am for me and 11pm Saturday for Andrea

Name: **Andrea Lavallee**

Business: **Spirit Fertility Life Coaching**

Website: **www.spiritfertility.com**



Hi, Andrea welcome to the call and how are you?

*Thank you for having me*

Please tell me what inspired you to create your business and website or how it came to be?

*I was inspired by two people. First Sandy Foster the founder of ISCA, made me realize my dream of becoming a life coach. Prior to learning about the ISCA I was not aware of what a life coach is or does or even dreamed that this was something I could do. My second inspiration was Walter Makichen the author of “Spirit Babies, how to communicate with the child you were meant to have” his inspiration has taught me a lot about the world of spirit babies which has led me to my niche as a Fertility Coach.*

What made you become involved in your chosen field or choose what you are doing? What is your story behind it?

*After reading Walter’s book, it made me realize that there is a lot we could learn about spirit babies, spiritual reasons for why we need to wait for the babies to come in our lives and other spiritual connections we can make with our babies through meditation, as well as starting to build that bond before the baby is born.*

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*I found this very comforting and wanted to share with the world as a coach as I too have experienced losses as well as primary and secondary infertility, so I can absolutely relate to many like myself. I have learned that once a woman decides to have a child there is spirit baby waiting who wants her to be their mom so as women and couples we do all we can to never give up, do all you can to improve your health and well-being to make it happen.*

Describe your ideal clients, customers or how the information you have learnt can benefit your clients or other people?

*My ideal client will be anyone who is looking for comfort in dealing with a loss due to a miss carriage, abortion, is trying to conceive and is dealing with stress, depression, anxiety or any negative emotions around have a baby. They need to know that these feelings maybe preventing them from conceiving and that they need to let that go, which is possible through coaching. I have been there and have over the years gained a lot of experiences that could help with the healing and getting results including practical solutions, emotional, mental as well as spiritual.*

How long have you been involved or owned your business?

*I have been coaching for just about a year but I have been experiencing infertility and dealing with my losses on and off for over 10 years.*

What was your ultimate goal when you decided to open your business and has that goal changed?

*My ultimate goal is to have freedom to make my own schedule and be there for my 5 year old son and future child to be and of course to help women and couples have an ideal life. It has not changed.*

What community events or charities do you support or sponsor or would like to?

*I currently support the charity **Because I am a Girl** It is a global initiative to end gender inequality, promote girls' rights and lift millions of girls – and everyone around them – out of poverty.*

*Girls in the poorest regions of the world are among the most disadvantaged people on the planet. They are more likely to live in poverty, more likely to be denied access to education, more likely to be denied medical care, and more likely to be malnourished, simply because they're girls. And yet, studies show that if you give a girl enough to eat, an education and a safe environment, she'll work to raise the standard of living for herself, her family and her community.*

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What are your accomplishments or do you have anything that you would like to promote?

*My greatest accomplishment is my son he is smart, handsome and is everything a mom would want in a son. As well as my first book will be out in about 3 weeks keep an eye open for it. You will learn 101 things you can do to improve your chances of conception by elevating stress and other negative emotions. You will learn how to be proactive, how to raise your vibration, and remain positive especially on day 1 of your cycle which can be a difficult time for many women when they are trying to conceive, it's a book I have put a lot of love, and hard work.*

That now brings us to the end of our interview with Andrea. Andrea can be contacted through her website:

[www.spiritfertility.com](http://www.spiritfertility.com)

Want to conceive? Had a miscarriage? Anxious about the delivery of your baby?

Do you dream about having a baby and month after month get disappointed?

- Are you frustrated and disappointed with life because everyone around you is getting pregnant but you?
- Have you tried everything to conceive and nothing seems to be working?
- Are you finding that every time you tell someone how you've been feeling about getting pregnant and all they say is "Just try to relax"?
- Are you feeling lost and hopeless due to a

Get Pregnant  
Cure Infertility Naturally

So until next time, remember you don't have to do things by yourself when you hire a life coach as they are in your corner each step of the way.

Thank you so much Andrea. Have a fantastic day!!

*Colleen*

Prosperity & Self Esteem Life Coach

[www.colleenscoachingcorner.com](http://www.colleenscoachingcorner.com)

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