

ISCA Coaches - Teleseminar Interview

Hi everyone, my name is Colleen Roberts and I am the creator and founder of www.colleenscoachingcorner.com.

Over the next few weeks I will be interviewing and recording other Inspired Spirit Coaching Academy Coaches and am also very lucky to also interview Sandy Forster head trainer and creator of the academy.



This afternoon I am conducting a very special interview with:

Name: Carly Evans

Business: Coach Carly

Website: www.coachcarly.com



Hi Carly welcome to the call.

Thanks Colleen, thanks for having me!

Please tell me what inspired you to create your business and website or how it came to be?

I originally started life coaching in 2008 in London, and used to integrate this into my energy healing sessions with clients. I then wanted to pursue coaching in a bigger way and Sandy Forster, founder of Inspired Spirit Coaching Academy was someone who I had followed for many years. When the opportunity came around to train as an Inspired Spirit Coach with her I jumped at the chance as I just love the Law of Attraction and the really creative ways you can manifest your reality. My coaching and healing were tied together on one website but I felt I then needed something fresh and coaching-specific, so I decided to re-brand and set up CoachCarly.com in early 2013.

What made you become involved in your chosen field or choose what you are doing? What is your story behind it?

Since I was very young I seemed to have a natural ability to be able to help my friends with their problems. I was that “go-to” person when they had issues! This led me to study Psychology and then Forensic Psychology at Uni. I was really interested in both counselling and criminology and ended up working as a Probation Officer in London for the last 4 years I lived there, and then on to a Senior role working with clients with severe and enduring mental illness.

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I have used a lot of coaching methods with all these clients and it is so clear to see the changes people can make in their lives when they are given the opportunity to look at their mindset and realise how they are in control of their own reality. I've known for a while now that coaching is my focus.

I just love supporting my clients in becoming the best version of themselves as possible. That's my passion – getting people to realise and then achieve their potential.

Describe your ideal clients, customers or how the information you have learnt can benefit your clients or other people?

My ideal clients are the kind that will show up and come to the party. By that, I mean there are plenty of people out there who hop from practitioner to practitioner just wanting someone else to fix their problems. I expect my clients to be accountable for their actions and stay in integrity by doing what they say they will.

The biggest reason I got into this field, and that of energy healing, is that I have learned a number of tools since I started on my own journey of self development over ten years ago, that I believe everyone should have access to. These tools helped me so much, everyone should know them and it's my mission to get this info out there to the masses and support them in achieving their dreams.

How long have you been involved or owned your business?

I started my first business, Phoenix Transformation in 2008, after doing Reiki treatments and teaching Reiki for a couple of years. I also started incorporating coaching into my treatments around this time, and in 2013 I set up Coach Carly with a sole focus on coaching in that business, although I also still run Phoenix Transformation.

What was your ultimate goal when you decided to open your business and has that goal changed?

When I started my first business the goal was a supplementary income while I worked full time as a Probation Officer. But these days the goal is far bigger – I want to be able to work when I want, from wherever I want. The ultimate goal is freedom for myself and my family. I love working and I can't imagine not doing it – I am lucky to love what I do and have always enjoyed my work. But to be able to work 10 hours a week – or none – if I want to, and know that my products and programs are still out there educating people, is the big dream.

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What community events or charities do you support or sponsor or would like to?

I have supported different charities over the years. Amnesty International does an amazing job around the world. But a charity I would like to provide more support to now and in the future is Act for kids – preventing and treating child abuse and neglect. Over the years I have worked with a number of adults and children who have been physically and sexually abused and the impact on them in later life is heartbreaking. I believe any charity which helps to support innocent children is worth our support.

What are your accomplishments or do you have anything that you would like to promote?

I am just writing my first chapter in a compilation book called Soulful Relationships, which is part of the Adventures in Manifesting series. This is really exciting and has been a huge goal of mine for a while!

I also wrote my first e-book this year called The Secrets Behind The Secret – The Missing Keys to Manifesting which you can download for free at coachcarly.com. When I first moved to Perth I also wrote a 9 module program called Wake Up To Your LIFE (living in fun and enjoyment), which is currently available as a home study program but I will also soon be offering this as a teleseminar course, so watch this space!

I am really proud of so many of the things that I have achieved in life but one of my biggest achievements has to be setting up in a new country and finding my little family.

Thanks Carly – how inspiring!!!

I can imagine that you are looking forward to the compilation book coming out later this year and an amazing journey ahead.

Yes

We have all grown so much since becoming involved with the [Inspired Spirit Coaching Academy](#)

That brings us to the end of the interview with Coach Carly.

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Coach Carly can be contacted through her website www.coachcarly.com and can also be followed on twitter and joined on facebook.

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