

Debbie Love

Hi everyone, my name is Colleen Roberts and I am the creator and founder of www.colleenscoachingcorner.com.

Today I feel so blessed and privileged to be able to interview a wonderful courageous business angel – the creator and founder of Changing the World One Woman at a Time. Her mission is to lead and inspire extraordinary change in teenage girls who have experienced sexual, physical and mental abuse.



It's just amazing all the wonderful like minded people I now am meeting during and after doing my coach training throughout the world and with so many different niches.

Today this special interview is with:

Name: **Debbie Love from New Zealand**

Business: Creator and Founder of Changing The World One Woman At A Time.

Website: www.debbielove.co.nz



Hi Debbie welcome to the call and how are you today?

What made you become involved in your chosen field, create your business and website? What is your story behind it?

I chose to do this because I was that teenage girl.

(I'm not sure if you'll want to elaborate on my experiences. I've elaborated a little just in case)

By the age of 13, I had experienced sexual, physical and mental abuse by my father. I couldn't see a way out so I took an overdose. I was put into a home for naughty kids. I was awarded a Ward of the State. I went into foster care. And that I believe was the turning point in my life. My mother's best friend, a truly amazing lady named Robynne who had known me since I was a tot, took me in and took care of me. And I got on with life as a teenager as best I could.

Debbie Love

Not only did I survive, I'm now thriving. I feel that my experiences and my story can help teenage girls, and the mums of these teenage girls who are going through the same experience.

Who was your biggest inspiration and how did they influence you?

I'm inspired by so many people. I'm inspired by people who speak their truth, who are open and communicate on a deep level. Because it's only when you truthfully and openly talk about what's really going on, when you do that, you are living fully.

Most recently, I have been inspired by a beautiful woman by the name of Fatima Ingles. She is an Australian sports/glamour/fitness model. I have known her for just over 2 months now. She works with women who have been in abusive relationships who want to powerfully transform their body to look like a fitness model. When she shared her story and her mission behind her business, I just thought WOW! I told her how amazing she is, and that I was in love with the courage that she has to do what she is doing. And I believe that played a part in what I am doing today.

Describe your ideal clients, customers or how the information you have learnt can benefit your clients or other people?

My ideal clients are the mums of the teenage girls who have experienced sexual, physical or mental abuse.

One of the biggest challenges that are faced by mums of these teenage girls is communicating with their daughter. This is a challenge for two reasons. The first, she is a teenager. Secondly, because of the abuse she has experienced which is more often than not by a known and trusted adult to her, her daughter now does not automatically trust the adults in her life, she is constantly on guard and questioning who can she really trust. So she puts up a barrier, as it's a natural defence mechanism and this just makes it challenging for anyone to get close with her.

I share with my clients, what Robynne did with me. What worked. What Robynne did that allowed me to feel safe with her, to trust her. These are things that I ask them to do with their daughters on my program, Communicate With Love, How To Open Up Communication With Your Daughter in 30 Days.

Debbie Love

What challenges have you faced since creating your business?

The biggest challenge I have faced is people sharing their point of view with me that I am not qualified to do this work.

They are correct in that I am not a qualified counsellor, psychologist or even a qualified coach.

I am qualified from experience. I know what I am talking about. All I want to do is change lives, I just want to help other people. I don't need a qualification to do that. The ability to help other people comes from inside and I already have that.

What was your ultimate goal when you decided to open your business and has that goal changed?

My goal is to help as many teenage girls who have experienced sexual, physical or mental abuse, overcome it and thrive in life, to be strong and bold and live the life they want, a life that is extraordinary, a life that fulfils their deepest calling.

I want them to truly know and understand that this experience does not need to define them or hold them back. They have all the power in themselves to overcome that experience.

And finally Debbie what are your achievements or do you have anything that you would like to promote?

My greatest achievement is overcoming the abuse and living the life I want.

I went to university ... one year early. I'd completed my university studies before my 20th birthday. I graduated from Massey University with a Bachelor of Business Studies with a major in Accountancy. By 23 I was granted entry into the New Zealand Institute of Chartered Accountants. For 15 years I worked in Accountancy and as a Cognnos Consultant for companies such as British Sky Broadcasting, Shell, Prudential, Visa & Telecom. And in between I spent 10 years in London working and travelling Europe. I also got married to a wonderful man, although now separated. Nearly 2 years ago, I quit my office job and unleashed myself on the world of entrepreneurialism.

This is what I want for the teenage girls who are the teenage girl I used to.

Debbie Love

My program, Communicate With Love, How To Open Up Communication With Your Daughter in 30 Days.

Commences on 4 November.

That now brings us to the end of our interview with Debbie today. Debbie can be contacted through her website at:

www.debbielove.co.nz



So until next time, remember you don't have to do things by yourself - hire a life coach - we are in your corner each step of the way.

Thank you so much Debbie. Have a fantastic and wonderful day!!

Colleen

Prosperity & Self Esteem Life Coach

www.colleenscoachingcorner.com



Debbie Love

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