

ISCA Coaches - Teleseminar Interview

Hi everyone, my name is Colleen Roberts and I am the creator and founder of www.colleenscoachingcorner.com.

This morning I feel so blessed and privileged to be able to interview some of my fellow coaches from the Inspired Spirit Coaching Academy (ISCA) from all over the world and with so many different niches and expertise. This academy is where I did my training and it is totally life transforming. .



Today this special interview is with:

Name: **Rosemary O'Brien from New South Wales**

Business: Wish Facilitator, Universal Laws and Life Balance Coach

Website: www.actionsplus.com.au



Hi Rosemary welcome to the call and how are you this morning

Hello Colleen and thank you so much for this great opportunity to connect and to be interviewed by you

My pleasure Rosemary - can you please tell me Rosemary what inspired you to create your business and website and how it came to be?

I started my journey with personnel development after being in two relationships where both partners had addictions of alcohol, gambling and with mental abuse. Through this I lost my confidence and self worth and esteem.

I started to wonder what was I doing and how was I attracting this to me. Then a great friend gave me Louise Hay's book "You Can Heal Your Life" and my life has never been the same since.

So this is how my business came about. I am in the process of over the next six months re branding my website to my name so as my clients can really connect and relate to whom I am and my core values.

ISCA Coaches - Teleseminar Interview

Rosemary what made you become involved in your chosen field or choose what you are doing? Tell us your story behind it?

I have been a Nurse now for over 30 yrs and connecting and listening to clients, which was also why I went and studied Life Coaching in Melbourne. I did NLP and this gave me more tools to assist in empowering my staff and patients when at work. My passion is to see people light up, when they realise they are truly amazing and start to believe in themselves.

When someone had a problem they came to see me so this is when I decided to work part time and to get my business up and running.

So can you describe to me and everyone listening who your ideal clients, customers or how the information you have learnt can benefit them or other people?

I am currently working with women of all ages who find it hard to believe in themselves and love themselves unconditionally. They listen to everyone else except themselves.

I can assist them into listening to what they truly want and dream of and give them the tools to let it happen. Through my caching packages I work with them on self esteem, worth confidence and self love.

I am now moving to the North coast to work part time and travel working with the WISH Game and coaching (my story of how I made this happen is going onto my blog soon).

The wish game was created by Louise Laffey and Louise has been in the chopra centre in California running many games there. It is very big over there and now our turn in Australia to really connect and see the amazing things that happen after playing the game.

The wish game is an amazing new energy game giving you insights and messages throughout your game.

I have been working and playing the Wish now for 18 months and in March made my intention to expand and move, have my dream job, life and so much more.

The Wish Game seems to me to be like a live version of the vision or dream board? How much is the Wish Game or where can it be purchased from can you provide some more details?

ISCA Coaches - Teleseminar Interview

How long have you been involved or owned your business?

I have been coaching through work for 30 years through work. My business has been established for 16 months.

What was your ultimate goal when you decided to open your business and has that goal changed?

When I first started it was to do all one on one coaching working with women empowering them to live their life to the fullest.

Now after working with Louise Laffey in the mastermind group for the last six months, I want to run WISH Games in as many areas as possible. Using all my amazing tools I have learnt, law of attraction and learning to manifest your dreams.

I am in the process of releasing my six month coaching package for clients to work in all areas of their life and expanding them to grow giving confidence, self worth and esteem. As you know we get so busy as women and men and we need to find balance within our busy lifestyles, learn to connect within, take time to really enjoy life again.

I feel there is so many of us who have forgotten to communicate from the heart and relate to our desires.

What community events or charities do you support or sponsor or would like to?

I support Breast Cancer, Ronald McDonald House and Mental Health

All very worthy causes!!! Rosemary what are your accomplishments or do you have anything that you would like to promote?

I have spoken at different women's groups over the last 18 months and through my coaching have seen amazing changes in women who start to see themselves as the amazing women that they are.

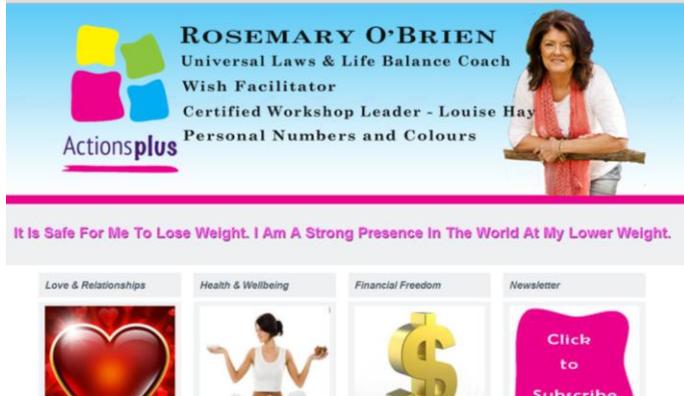
I have been running wish games now for six months and as I said now am available to travel for limited numbers for Group Wish games events. I assisted on the gold coast last month the great success.

*I am in the process of organising one in Brisbane later this year and one in Young NSW. I am also available via Skype or phone for coaching and Wish games. Working with women to see the changes they make when they start to believe is so rewarding. This is my passion to see them succeed
Thank you Colleen*

ISCA Coaches - Teleseminar Interview

Thank you so much Rosemary. That now brings us to the end of our interview with Rosemary this morning. Rosemary can be contacted through her website:

www.actionsplus.com.au



The screenshot shows the top section of Rosemary O'Brien's website. On the left is the 'Actionsplus' logo, which consists of four colored squares (yellow, green, pink, blue) arranged in a 2x2 grid. To the right of the logo, the text reads: 'ROSEMARY O'BRIEN Universal Laws & Life Balance Coach Wish Facilitator Certified Workshop Leader - Louise Hay Personal Numbers and Colours'. A photograph of Rosemary O'Brien is on the right side of the banner. Below the banner is a pink horizontal bar with the text: 'It Is Safe For Me To Lose Weight. I Am A Strong Presence In The World At My Lower Weight.' Below this bar is a navigation menu with four items: 'Love & Relationships' (with a red heart icon), 'Health & Wellbeing' (with an image of a woman), 'Financial Freedom' (with a yellow dollar sign icon), and 'Newsletter' (with a pink button that says 'Click to Subscribe').

So until next time, remember you don't have to do things by yourself when you hire a life coach as they are in your corner each step of the way.

Thank you so much Rosemary. Have a fantastic day!!

Colleen

Prosperity & Self Esteem Life Coach

www.colleenscoachingcorner.com



The screenshot shows the homepage of 'Colleen's Life Coaching Corner'. The header features the site name in a cursive font, a search bar, and social media icons for Facebook and Twitter. A left sidebar contains a 'Welcome' section and a list of menu items: 'Prosperity & Money', 'Personal Development', 'Other Programmes', 'Other Resources', 'Blogs', 'Contact Me or Write a Testimonial', 'ISCA Coaches Interviews', and 'Interviews - Friends with Causes'. The main content area has a blue header for the article 'Prosperity & Money Coach - Attracting Dreamers With High Desires'. Below this is a sub-header 'Can you relate to anything below:' followed by a list of questions: '\$ Do you have any money left over at the end of the week or are you broke and having to borrow money?', '\$ Do you know what you want to do and taking steps towards achieving your goal?', '\$ Do you think you are just unlucky with money?', '\$ Is your social life affected by the amount of money you have?', '\$ Are you able to save toward a big goal such as a car or holiday?', '\$ Would you like to have a good lifestyle without trading all of your time? - life = time = money'. A small photo of Colleen is next to the questions. Below the questions is a testimonial: 'Wouldn't it be nice to be in control of your finances instead of your money controlling you?'. To the right of the article is a yellow box with the text: 'Free Report on Effective & Powerful Processes - to help you achieve what you want' and a black button that says 'Click here for free report'. Below this is a 'Testimonials' section with a quote: '"Colleen has inspired me in all levels of my life in such a short time. I was feeling lost and lonely even though I was surrounded by good and loving people in my life. I was lost in my challenges of life. Talking with Colleen has transformed my life. Assisting me'.

Click here if you would you like to change your life and become a Coach with the [Inspired Spirit Coaching Academy](http://www.inspiredspiritcoachingacademy.com)